

# FIELD HOCKEY CANADA NCCP COACH EDUCATION PATHWAY



## NATIONAL COACHING CERTIFICATION PROGRAM - PATHWAY OVERVIEW

### DEVELOPMENT >>> PERFORMANCE



**TRAINED**

**COMMUNITY COACH COURSE**

**MULTISPORT MODULES (2)**

**SAFESPORT MODULES (3)**



NCCP COMMUNITY COACH



**CERTIFICATION**

**COACH EVALUATION**

**TRAINED**

**MULTISPORT MODULES (4)**

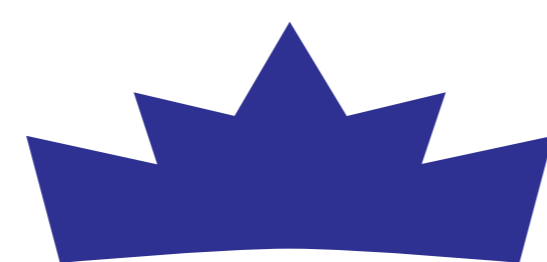
**COMPETITION INTRODUCTION COURSE**

**MULTISPORT MODULES (2)**

**SAFESPORT MODULES (3)**



NCCP COMPETITION INTRODUCTION



**CERTIFICATION**

**COACH EVALUATION**

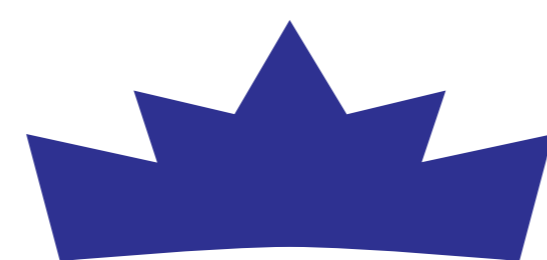
**TRAINED**

**MULTISPORT MODULES (6)**

**COMPETITION DEVELOPMENT COURSE**

**MULTISPORT MODULES (4)**

**SAFESPORT MODULES (3)**



NCCP COMPETITION DEVELOPMENT

### HIGH PERFORMANCE



**CHARTERED PROF. COACH**

**CERTIFICATION**

**COACH EVALUATION**

**MENTORED COACHING**

**ADVANCED COACH DIPLOMA**

**COACH ENTRY REQUIREMENTS**

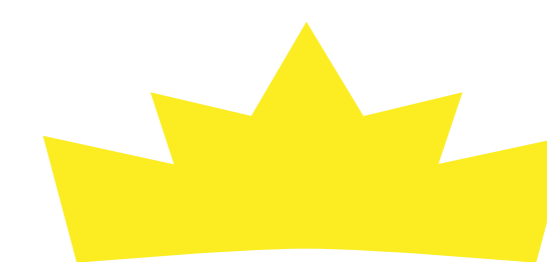
**COMP-DEV CERTIFIED**

**SAFE SPORT MODULES (3)**



NCCP COMPETITION DEVELOPMENT - ADVANCED

### TECHNICAL TRAINER



**TRAINER 3**

**INSTRUCTOR ADVANCED**

**TRAINER 2**

**INSTRUCTION INTERMEDIATE**

**TRAINER 1**

**INSTRUCTION BEGINNER**



NCCP INSTRUCTIONAL STREAM

# FIELD HOCKEY CANADA NCCP COACH EDUCATION PATHWAY



## WHAT COURSE IS RIGHT FOR ME? - COACH AND ATHLETE PROFILES

### DEVELOPMENT >>> PERFORMANCE

### HIGH PERFORMANCE

### TECHNICAL TRAINER

**COACH PROFILE**

- PARENT VOLUNTEER LIMITED/NO HOCKEY BACKGROUND
- PAST PLAYER NEEDS TO LEARN "HOW TO COACH"
- 16+ YEAR-OLD PLAYER WITH LIMITED COACHING BACKGROUND

**ATHLETE PROFILE**

- BOYS AND GIRLS UNDER 12 OR ALL AGES RECREATIONAL CLUB
- NEED TO KNOW HOCKEY BASICS
- DEVELOPING PHYSICAL LITERACY & ACTIVE FOR LIFE

**COACH PROFILE**

- PARENT/VOLUNTEER COACH WITH 2+ YEARS EXPERIENCE
- COACHES WANTING TO TAKE NEXT STEP
- COACHES OF CLUB or PSO U15 TEAMS
- 16+ YEAR-OLD PLAYER WITH 2+ YEARS COACHING EXPERIENCE

**ATHLETE PROFILE**

- BOYS AND GIRLS UP TO U18 AND/OR CLUB TEAMS
- NEED TO LEARN SKILLS OF THE GAME
- INTRODUCTION TO COMPETITIVE GAMES

**COACH PROFILE**

- EXPERIENCED CLUB OR PROVINCIAL U18 COACH
- POST SECONDARY COACH
- GOOD UNDERSTANDING OF COACHING
- FORMER JUNIOR PLAYER / CURRENT NATIONAL ATHLETE

**ATHLETE PROFILE**

- SENIOR DEVELOPMENTAL ATHLETES
- PERFORMANCE CLUB ATHLETES 16-19 YRS
- DEVELOPING GAME SKILLS AND STRATEGY
- TRAVELING CLUB TEAMS

**COACH PROFILE**

- NEXTGEN & NATIONAL COACHES
- INTERNATIONAL COMPETITIONS
- COACHES SEEKING CERTIFICATION BEYOND COMP-DEV

**ATHLETE PROFILE**

- SENIOR & JUNIOR NATIONAL ATHLETES OVER 18 YRS
- FHC NEXTGEN & IDENTIFIED ATHLETES
- PREMIER DIVISION CLUB TEAMS

**COACH PROFILE**

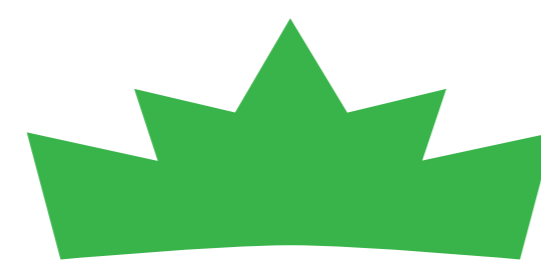
- COACHES WORKING AT ALL LEVELS
- COACHES WANTING TECHNICAL KNOWLEDGE
- COACHES SEEKING CERTIFICATION

**ATHLETE PROFILE**

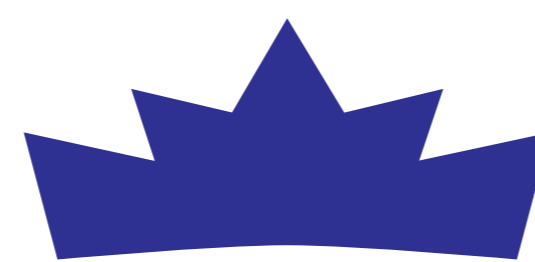
- ALL ATHLETES
- SPECIALIST POSITION
- SPECIALIST SKILL



NCCP COMMUNITY COACH



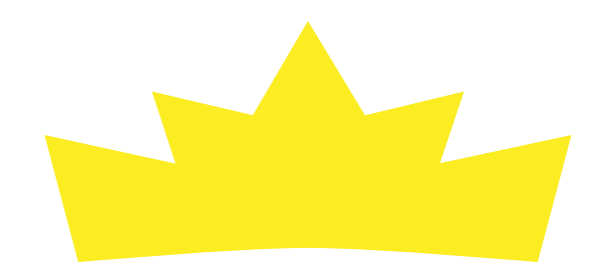
NCCP COMPETITION INTRODUCTION



NCCP COMPETITION DEVELOPMENT



NCCP COMPETITION DEVELOPMENT - ADVANCED



NCCP INSTRUCTIONAL STREAM

## NATIONAL COACH CERTIFICATION PROGRAM - DETAILED COURSE CONTENT

### DEVELOPMENTAL STREAM - NCCP COMMUNITY COACH

*LTAD STAGES: FUNDAMENTALS, ACTIVE FOR LIFE*



**TRAINED**

**COMMUNITY  
COACH COURSE**

**MULTISPORT  
MODULES (2)**

**SAFESPORT  
MODULES (3)**

#### **MULTISPORT MODULES**

COMPLETE THE FOLLOWING  
3 PREREQUISITE MULTISPORT  
MODULES.

#### **MODULE DETAILS:**

DELIVERED BY:  
PROVINCIAL/TERRITORIAL  
COACHING REPRESENTATIVE

SAFE SPORT & TWO  
ONLINE AND/OR IN-PERSON  
CAC MODULES

#### **SAFE SPORT MODULES:**

MAKING ETHICAL DECISIONS

MAKING HEADWAY

CAC SAFESPORT

#### **MULTISPORT MODULES**

FUNDAMENTAL MOVEMENT SKILLS

COACH INITIATION IN SPORT

#### **COMMUNITY COACH COURSE**

ATTEND FHC COMMUNITY  
COACH COURSE

#### **COURSE DETAILS:**

DELIVERED BY:  
PROVINCIAL/TERRITORIAL  
SPORTS ORGANIZATION

8-HOUR IN-PERSON  
COURSE

or

2.5 HOUR DIGITAL  
E-LEARNING MODULE

#### **COURSE FOCUSES:**

RULES AND EQUIPMENT

BASICS OF FIELD HOCKEY

CORE TECHNICAL AND  
TACTICAL SKILLS

**STEP 1**

**STEP 2**

There is no certification  
for community coach


# FIELD HOCKEY CANADA NCCP COACH EDUCATION PATHWAY



## NATIONAL COACH CERTIFICATION PROGRAM - DETAILED COURSE CONTENT

### PERFORMANCE STREAM - NCCP COMPETITION INTRODUCTION

LTAD STAGES: LEARN TO TRAIN, TRAIN TO TRAIN



**CERTIFICATION**

**COACH EVALUATION**

**TRAINED**

**MULTISPORT MODULES (4)**

**COMPETITION INTRODUCTION COURSE**

**MULTISPORT MODULES (2)**

**SAFESPORT MODULES (3)**

#### MULTISPORT MODULES

COMPLETE THE FOLLOWING 4 PREREQUISITE MULTISPORT MODULES.

**MODULE DETAILS:**

DELIVERED BY:  
PROVINCIAL/TERRITORIAL COACHING REPRESENTATIVE

SAFE SPORT & 2 ONLINE AND/OR IN-PERSON CAC MODULES

**SAFE SPORT MODULES:**

MAKING ETHICAL DECISIONS

MAKING HEADWAY

CAC SAFESPORT

**MULTISPORT MODULES**

PLANNING A PRACTICE

TEACHING AND LEARNING

**STEP 1**

#### COMPETITION INTRODUCTION COURSE

ATTEND FHC COMPETITION INTRODUCTION COURSE

**COURSE DETAILS:**

DELIVERED BY:  
PROVINCIAL/TERRITORIAL SPORT ORGANIZATION

FOUR 2hr DIGITAL MODULES and ONE 2.5hr ON FIELD MODULE  
or  
TWO-DAY IN-PERSON COURSE

**COURSE FOCUSES:**

LEARNING THE GAME

PRACTICE PLANNING

BASIC ANALYSIS OF PERFORMANCE

**STEP 2**

#### MULTISPORT MODULES

COMPLETE THE FOLLOWING 3 PREREQUISITE MULTISPORT MODULES.

**MODULE DETAILS:**

DELIVERED BY:  
PROVINCIAL/TERRITORIAL COACHING REPRESENTATIVE

4 ONLINE AND/OR IN-PERSON CAC MODULES

**MODULES:**

NUTRITION

BASIC MENTAL SKILLS

DESIGN A BASIC SPORTS PROGRAM

EMERGENCY ACTION PLAN

UPON COMPLETION: **TRAINED**

**STEP 3**

#### COACH EVALUATION

COMPLETE THE TWO-STEP EVALUATION PROCESS

**EVALUATION DETAILS:**

DELIVERED BY:  
PROVINCIAL/TERRITORIAL SPORT ORGANIZATION

2-STEP EVALUATION PROCESS

**EVALUATION STAGES:**

SUCCESSFUL COMPLETION OF A PORTFOLIO

PRACTICAL EVALUATION OF A PRACTICE

\*Please Note: Safe sport modules is a certification requirement.

UPON COMPLETION: **CERTIFIED**

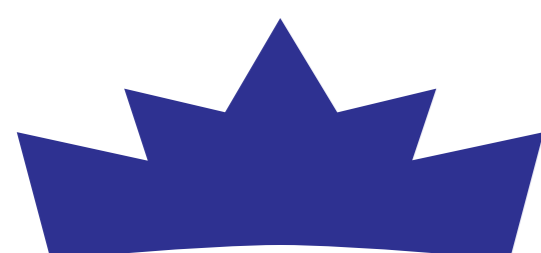
**STEP 4**

\*Please note: Coaches wishing to challenge the training can go directly to step 4.

# FIELD HOCKEY CANADA NCCP COACH EDUCATION PATHWAY



## NATIONAL COACH CERTIFICATION PROGRAM - DETAILED COURSE CONTENT



### CERTIFICATION

### COACH EVALUATION

### TRAINED

### MULTISPORT MODULES (6)

### COMPETITION DEVELOPMENT COURSE

### MULTISPORT MODULES (4)

### SAFESPORT MODULES (3)

## PERFORMANCE STREAM - NCCP COMPETITION DEVELOPMENT

LTAD STAGES: TRAIN TO TRAIN, TRAIN TO COMPETE

### MULTISPORT MODULES

COMPLETE THE FOLLOWING 6 PREREQUISITE MULTISPORT MODULES.

#### MODULE DETAILS:

DELIVERED BY:  
PROVINCIAL/TERRITORIAL COACHING REPRESENTATIVE

SAFE SPORT AND 4 ONLINE AND/OR IN-PERSON CAC MODULES

#### SAFE SPORT MODULES:

MAKING ETHICAL DECISIONS

MAKING HEADWAY

CAC SAFESPORT

#### MULTISPORT MODULES

PSYCHOLOGY OF PERFORMANCE

MANAGE A SPORTS PROGRAM

DESIGN A BASIC SPORTS PROGRAM

DEVELOPING ATHLETIC ABILITIES

### COMPETITION DEVELOPMENT COURSE

ATTEND FHC COMPETITION DEVELOPMENT COURSE

#### COURSE DETAILS:

DELIVERED BY:  
FIELD HOCKEY CANADA

#### FIVE FIELD HOCKEY SPECIFIC WORKSHOP MODULES:

1. PSYCHOLOGY OF FIELD HOCKEY  
3 hr Digital Workshop

2. PERFORMANCE PLANNING FOR FIELD HOCKEY  
4 hr Digital Workshop

3. DEVELOPING ATHLETIC ABILITIES FOR FIELD HOCKEY  
4 hr Digital Workshop

4. MANAGE A FIELD HOCKEY PROGRAM  
3 hr Digital Workshop

5. PERFORMANCE ANALYSIS FOR FIELD HOCKEY  
6 hr In Person Workshop  
Classroom + On Field.

### MULTISPORT MODULES

COMPLETE THE FOLLOWING 6 PREREQUISITE MULTISPORT MODULES.

#### MODULE DETAILS:

DELIVERED BY:  
PROVINCIAL/TERRITORIAL COACHING REPRESENTATIVE

6 ONLINE AND/OR IN-PERSON CAC MODULES

#### MODULES:

COACHING & LEADING EFFECTIVELY

PREVENTION & RECOVERY

LEADING DRUG-FREE SPORT  
(online evaluation)

MANAGING CONFLICT  
(online evaluation)

PERFORMANCE PLANNING

ADVANCED PRACTICE PLANNING

### COACH EVALUATION

COMPLETE THE THREE-STEP EVALUATION PROCESS

#### EVALUATION DETAILS:

DELIVERED BY:  
FIELD HOCKEY CANADA

3-STEP EVALUATION PROCESS

#### EVALUATION STAGES:

SUCCESSFUL COMPLETION OF A PORTFOLIO

PRACTICAL EVALUATION OF A PRACTICE

PRACTICAL EVALUATION OF A COMPETITIVE MATCH

\*Please Note: Safe sport modules and LDFS & MC evaluation are certification requirements.

UPON COMPLETION: TRAINED

UPON COMPLETION: CERTIFIED

## STEP 1

## STEP 2

## STEP 3

## STEP 4

\*Please note: Coaches wishing to challenge the training can go directly to step 4.

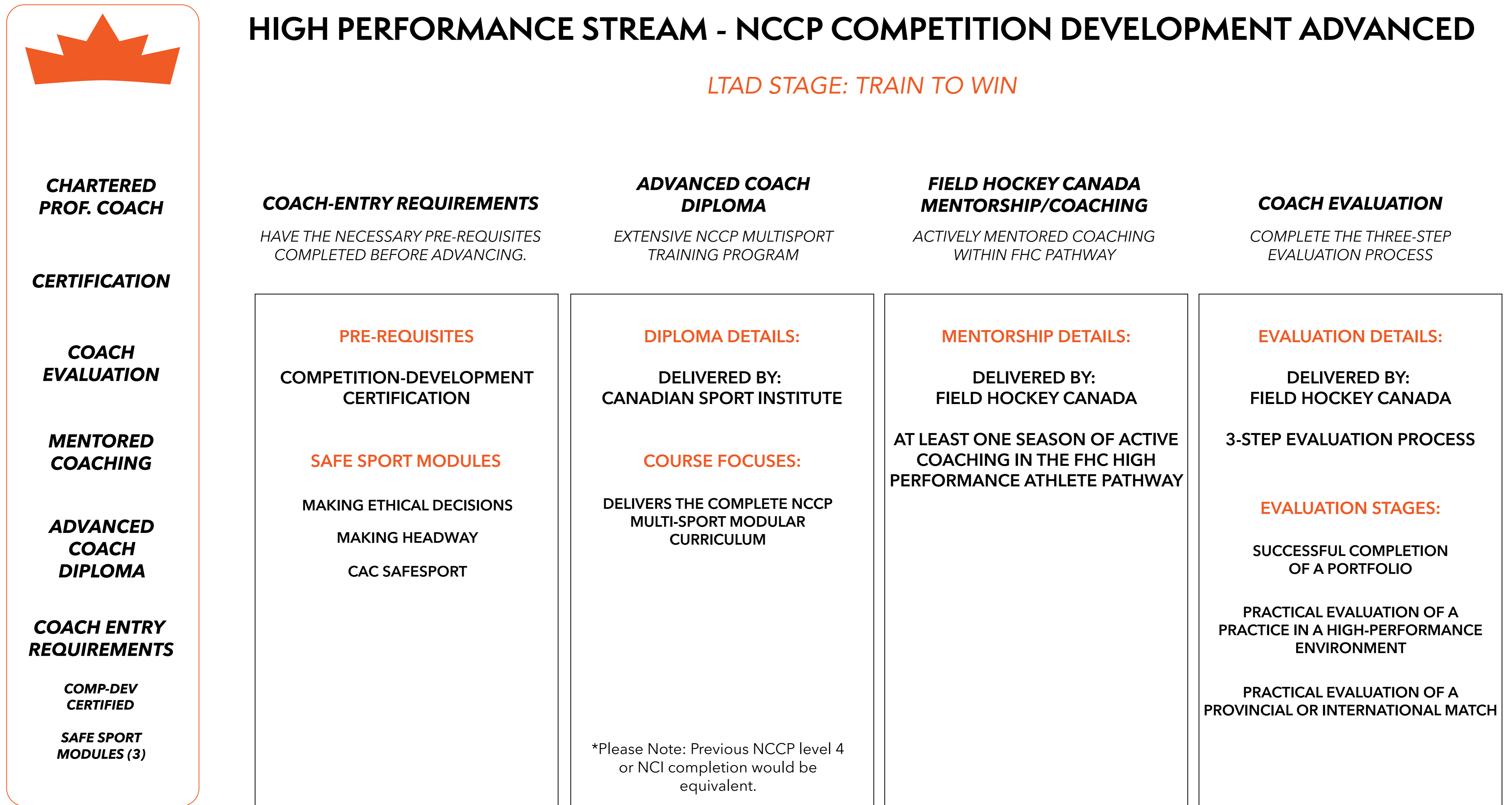
# FIELD HOCKEY CANADA NCCP COACH EDUCATION PATHWAY



## NATIONAL COACH CERTIFICATION PROGRAM - DETAILED COURSE CONTENT

### HIGH PERFORMANCE STREAM - NCCP COMPETITION DEVELOPMENT ADVANCED

*LTAD STAGE: TRAIN TO WIN*



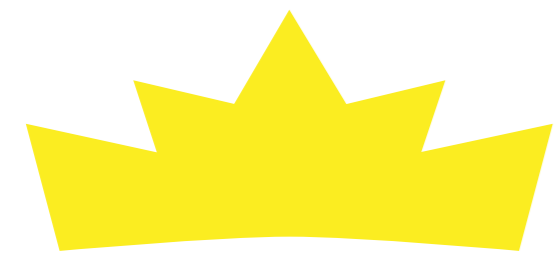
# FIELD HOCKEY CANADA NCCP COACH EDUCATION PATHWAY



## NATIONAL COACH CERTIFICATION PROGRAM - DETAILED COURSE CONTENT

### NCCP INSTRUCTION STREAM

PROGRAM INFORMATION NOT YET AVAILABLE



**TRAINER 3**

**INSTRUCTOR  
ADVANCED**

**TRAINER 2**

**INSTRUCTION  
INTERMEDIATE**

**TRAINER 1**

**INSTRUCTION  
BEGINNER**